Pastoral Reflection: 13th Sunday in Ord. Time/ First Reading: Wisdom 1:13-15, 2:23-24

The Strength of Faith

Have you ever felt unworthy? Have you shaken off those feelings?

At least one point in life, everyone feels they are undeserving or unworthy. Usually this feeling stems from disappointment or futility. I'm incapable. Life isn't going my way. I just can't please others. The only way to shake those feelings is to reaffirm faith in God. God didn't make us to wallow in our self pity. We're better than that.

Faith can be a good defense against those thoughts of limitation, even depression. Faith tells the world that God's in charge. He made us for himself. And we are his children. Evil and fatalism have no room in a life with God.

Why are we better than the opinion the world has of us? We are better because God made us for himself. He is the eternal God, and he shares that gift of forever with us. Evil and fatalism cannot take that gift away from us.

How does your faith in God bolster your hope in eternal life?